

- WEEKLY SCHEDULE -

	Mon	Tue	Wed	Thu	Fri	Sat				
11:00	11:00-19:00 PERSONAL TRAINING (RESERVATION)	11:00-12:30 MMA	11:00-20:00 PERSONAL TRAINING (RESERVATION)	13:00-15:00 PERSONAL TRAINING (RESERVATION)	11:00-20:00 PERSONAL TRAINING (RESERVATION)	11:00-12:30 BRAZILIAN JIU-JITSU				
12:00										
13:00		13:00-15:00 PERSONAL TRAINING (RESERVATION)							13:00-15:00 PERSONAL TRAINING (RESERVATION)	
14:00										
15:00									15:00-16:00 BEGGINER KICK BOXING	
16:00										
17:00									16:30-17:20 KIDS FIGHT FIT	
18:00									17:30-18:20 KIDS KARATE	
19:00		19:00-20:00 BEGGINER KICK BOXING				19:00-20:00 BEGGINER KICK BOXING		19:00-20:00 BEGGINER KICK BOXING		19:00-20:30 MMA
20:00		20:00-21:30 BRAZILIAN JIU-JITSU				19:00-20:30 MMA GRAPPLING	20:00-21:30 KICK BOXING	20:00-21:30 GRAPPLING	20:00-21:30 KICK BOXING	SPARRING
21:00	SPARRING	SPARRING	SPARRING	SPARRING	SPARRING					
22:00										